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Episode Notes

# QUESTIONS GRIEVING CHRISTIANS ASK: WHY DO I DISLIKE HEARING CHRISTIAN PLATITUDES AND BIBLE VERSES?

## **KEY POINTS:**

- Some Christians, following a painful loss of a loved one, dislike hearing "platitudes" and even bible verses that are meant to make them feel better.
- Platitudes are sometimes nonsense and cause more pain in the grieving persons
- Even bible verses, when inappropriately used, or mistimed can cause more pain than alleviate pain.
- At some point in the future, you may be ready to hear at least the bible verses that are meant to provide comfort.

### Definition:

Platitude: a statement that has been used too often to be interesting or thoughtful.

#### **Scriptural References:**

#### James 1:2

Date:

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds."

#### **Ecclesiastes 3:1-4**

For everything there is a season, and a time for every [a]purpose under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; **4** a time to weep, and a time to laugh; a time to mourn, and a time to dance,

## **STEPPING STONE:**

"What will you choose to do the next time someone offers you a platitude or a bible verse that brings more pain than relief?"

**HEART CHECK** 

What have you been thinking and feeling today?

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